



Mr. Paul A. Scotti
 Certified Podiatrist
 Registered Chiroprapist
 Foot Specialist

Quote of the Month...

"The Doctor of the future will give no medicine but will interest his patients in the care of the human frame."

Thomas Edison

Ask Us About:

custom orthotics



Shockwave Therapy



Magnetic Biostimulation



Please enjoy this monthly newsletter, written especially for our patients and those whom you care about. If this month's topic can benefit a friend or family member, please feel free to pass it on so that others can experience the same superior service that you have come to know!

Benefits of Custom Orthotics

Orthotics are inserts for your footwear, that helps correct structural alignment issues in the foot that lead to problems. This may be due to high arches, or flat feet, that result in pain in the areas of the feet such as the soles, heels, forefeet and even the knees up to the hips and back. Orthotics can help the preceding ailments and also aid in addressing structural conditions that often lead to heel pain, calluses, corns, hammer toes and bunions. When constructed and used properly, orthotics can be extremely effective.

Because of the growing popularity and recognition of orthotics, many non-accredited distributors of orthotics can be found. Store

merchants or shoe retailers may offer some form of orthotic "solutions".

It is important to keep in mind the strict guidelines that your private insurance provider requires for reimbursement.



Prescription writing privileges is an important item to note; if your orthotic provider cannot provide you with a prescription and asks you to go to your family doctor and return with one, it may be an indication that this "supplier" is not a regulated foot care specialist.

Also, many insurance companies now require that the dispensing of orthotics as well as the prescription MUST be one of the professionals listed in their guidelines.

It is a good idea to check with your insurance company before entering into an agreement with any provider.

To truly benefit, and to get the best possible care, consider consulting a Registered Chiroprapist, Ontario's premier foot care specialist. The Chiroprapist will perform a proper foot examination of and will provide treatments for your individual and specific foot care needs.

WEST TORONTO FOOT & ANKLE CLINIC

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Unit N
Toronto, Ontario
Canada M8Z 1N4

Phone

416.253.6400

Fax

416.253.0079

Website

www.footankle.ca

Office Hours:

Monday: 9:30 a.m. – 5:30 p.m.
Tuesday: 9:30 a.m. – 5:30 p.m.
Wednesday: 1:00 p.m. – 7:30 p.m.
Thursday: 9:30 a.m. – 5:30 p.m.
Friday: 9:30 a.m. – 5:30 p.m.

About Our Practice

The **West Toronto Foot & Ankle Clinic** is a full service foot care facility employing both a Registered Chiropodist and a Certified Pedorthist. With our education and experience you can be assured of the very best in professional health care.

At **West Toronto Foot & Ankle Clinic** we use all the latest techniques and advances in the field to maximize our ability to accurately evaluate and treat your individual and specific foot care needs!

West Toronto Foot & Ankle treats all types of foot problems in children and adults, including corns/calluses, bunions,

ingrown toenails, heel pain/spurs, arthritis of the foot, hammertoes, fungal nails, diabetic foot care, wound care, warts neuromas, sports injuries, and trauma.

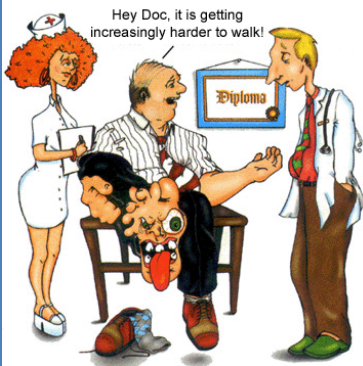
Mr. Scotti is a member of the Pedorthic Association of Canada and has earned accreditation as a Certified Pedorthist from the Canadian Pedorthic Certification Board.

Mr. Scotti completed the Chiropody program at The Michener Institute of Applied Health Sciences (Toronto) and is now a Registered Chiropodist (D.Ch) with the College of Chiropodists of Ontario.

Mr. Scotti is the only Registered Chiropodist or Podiatrist who is also a Certified Pedorthist (C) in all of Canada. This gives him unique and unparalleled experience that he brings to the clinic. As a result, all the custom orthotics are manufactured onsite by Mr. Scotti.

Our clinic offers comprehensive foot and ankle care in a progressive environment. Our qualified staff is friendly and will ensure a pleasant visit.

At **West Toronto Foot and Ankle**, we look forward to treating you.

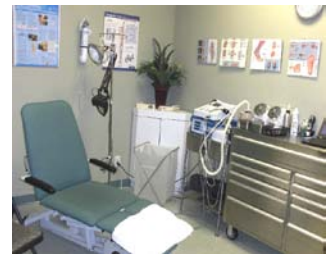


Keeping you active and on your feet!

SERVICES:

At the **West Toronto Foot & Ankle Clinic** we specialize in a variety of foot-related conditions and products, such as:

- Custom Orthotics manufactured on site
- Custom Footwear
- Orthopedic Shoes
- Compression Stockings
- Footwear Evaluations
- Biomechanical Assessments
- Diabetic Foot Care
- Ulcer Management
- Wound Care
- Soft Tissue Surgery
- Nail Surgery
- Complicated/Complex foot care
- Ingrown Nails
- Planter Warts
- Calluses/Corns
- Nail Care
- Foot and Nail Fungus
- Nail and Skin Infections
- Planter Fasciitis/Heel Pain
- Sports Injuries
- Morton's Neuroma
- Pediatrics
- Ankle Sprains
- Foot care products



Other modalities include:

- Shockwave Therapy
- Laser Therapy
- Biomagnetic Stimulation
- Ultrasound
- F-Scan pressure mapping
- Electro surgery
- Vascular testing